

RESURRECTION OF OUR LORD PARISH COMMUNITY

1940 Saunderson Drive, Ottawa, ON K1G 2C9

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Fax: 613-733-8081



*A dynamic Catholic community called by the Risen Lord to share God's love
through worship, service and solidarity.*

PASTORAL TEAM

Fr. Robert Masternak, SDS	Pastor	613-733-4661
Rev. Mr. Yves Trottier	Deacon	613-733-4661
Rev. Mr. Tom Stephenson	Deacon	613-733-4661
Mary Anne Lefebvre	Parish Office	613-733-4661

LORD'S DAY MASSES

Saturday	5:00 p.m.
Sunday	9:00 a.m. 11:00 a.m.

CONFESSIONS

Saturdays	4:00 p.m. to 4:30 p.m.
Fridays	8:30 a.m. to 9:30 a.m.
First Friday	7:00 p.m. to 9:00 p.m.

WEEKDAY MASSES

Tuesday – Friday	8:00 a.m.
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ADORATION OF THE BLESSED SACRAMENT

Fridays	8:30 a.m. to 9:30 a.m.
First Friday	5:00 p.m. to Midnight

OFFICE HOURS: Tuesday to Thursday – 8:30 a.m. to 12:00 p.m. / 12:30 p.m. to 2:00 p.m.

BAPTISMS: contact the parish office at least two months in advance.

MARRIAGE: Please notify the parish office at least six months before the marriage.

PARISH FINANCE COUNCIL

Chairperson Dylan McGuinty Jr. 613-526-3858

PASTORAL COUNCIL

Chairperson Gord McFee 613-447-9577

PARISH SCHOOLS

St. Luke 613-731-3541
St. Gemma 613-731-8841

St. Patrick's High School 613-733-0501
Ottawa Catholic School Board 613-224-2222

resurrectionchurch@rogers.com (Office)

Website: www.roolparish.ca

FIRST SUNDAY OF LENT



Masses For The Week

LORD'S DAY MASSES

Saturday March 8, 2025

5:00 p.m. +Repose of the Soul of Vittoria Rinaldi by the Rinaldi Family

Sunday March 9, 2025

9:00 a.m. -Resurrection of Our Lord Parishioners

11:00 a.m. +Repose of the Soul of Ida Serrao by her Estate
+Repose of the Soul of Ivan Car by Joanne Budd

WEEK DAY MASSES

Tuesday March 11, 2025

8:00 a.m. +Repose of the Soul of Henrique Oliveira by his Wife Maria Oliveira

Wednesday March 12, 2025

8:00 a.m. +Repose of the Souls of the Deceased Family Members of Nancy Marie Serrao by her Estate

Thursday March 13, 2025

8:00 a.m. -Intentions, Health and Blessings for The Rosary Family by Elise

Friday March 14, 2025

8:00 a.m. -Many Blessings and Health for Richard and Maria Knapik-Sztramko and their whole Family by Gerald and Grazyinka

LORD'S DAY MASSES

Saturday March 15, 2025

5:00 p.m. -Good Health, Blessings and Intentions of Deacon Yves on his Birthday by Pat
+Repose of the Soul of Vittoria Rinaldi by the Rinaldi Family
+Repose of the Soul of Kathleen Cronier by Sandy Molinara
+Repose of the Soul of Ivan Car by Aline Lawlor

Sunday March 16, 2025

9:00 a.m. +Repose of the Soul of Ida Serrao by her Estate

11:00 a.m. -Resurrection of Our Lord Parishioners

CONFESSIONS

Saturdays 4:00 to 4:30 pm

Fridays 8:30 to 9:30 am

First Fridays 7:00 to 9:00 pm

(as well as by appointment)

Adoration of the Blessed Sacrament

Fridays 8:30 to 9:30 am

HOUR OF PRAYER

Mon. to Thurs. 3:00 to 4:00 PM

EVERY FRIDAY DURING LENT

STATIONS OF THE CROSS

6:30 PM

Followed by

The Celebration of Mass

PARISH LENTEN PENITENTIAL DAY FOR CONFESSIONS

with visiting priests

Thursday, April 10th, 8:30 – 9:45 a.m.

and 5:30 – 7:00 p.m.

BIG THANKS :) Last week there were two days of Parish Celebrations: Sunday and Tuesday - two successful community times and many people contributed by their hard work. A big thanks to them for this - beautiful work! And, thanks to those who participated and were present. Peaceful and Beautiful Community Time. It was quieter when they were calling the numbers at bingo, than it is during Mass! :) I really liked it. **Fr. Robert SDS**



WE REMEMBER THE SICK IN OUR COMMUNITY

Alan Jane, Elaine Jane, Grazyinka Daszczyński, Theresa MacDonald, Greg Cameron, Butch Arquines, Carmen Arquines, Lark Herbert, Joseph Lobo, Gabrielle Etter, Karen Lobo-Etter, Andy Refama.

Travel Presentation to The Holy Land of Jesus with narrated DVD. The DVD makes the sights and sounds of The Holy Land come alive. The Holy Land journey carries you back in time and retraces events and important places from Genesis to Jesus. There will be **two showings to choose from** (both showings will be here at Resurrection of Our Lord Parish, in Room A):

Showing 1: the DVD will be shown in two parts:
Part I, *The Old Testament* for 30 minutes, on **Wednesday, March 19th**, following 8 am Mass and
Part II, *The Time of Jesus* for 50 minutes, on **Wednesday, March 26th**, also following the 8 am Mass.

Or ---

Showing 2: the presentation will be offered in its entirety (**Part I and Part II**) on **Palm Sunday, April 13th from 2 to 4pm.**

All are welcome to attend!

LENT - 40 Days in the Desert

PENANCE - Fasting / Prayer / Almsgiving
(Catechism of the Catholic Church)

As an expression of penance, Scripture and the Fathers insist above all on three forms of penance: fasting, prayer and almsgiving. These are ways to attain conversion in relation to ourselves, to God and to others. JOY (Jesus, Others, You). Fasting, prayer and almsgiving are means of obtaining forgiveness of sins: efforts at reconciliation with one's neighbour, tears of repentance, concern for the salvation of one's neighbour, the intercession of the saints and practice of charity "which covers a multitude of sins". (1434, 1438) (Lent is an intense time of the Church's penitential practice.) When we are part of the Church it means we have a moral life and it's sustained when we take part in liturgical life. There are things we have to do as a minimum to grow in the spirit of prayer and to be moral so we can grow in love of God and our neighbour. The fifth Precept of the Church says that we shall observe the prescribed days of fasting and abstinence. This makes sure that there is penance to prepare us for liturgical feasts. (It helps us to acquire mastery over our instincts and freedom of heart.) 2041 & 2043. It's hard to give things up, but Jesus was in the desert for 40 days. We don't have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tested as we are, yet [He] without sinning. By the solemn forty days of Lent the Church unites herself each year to the mystery of Jesus in the desert. (540)

*Be with me Lord
when I am in Trouble*

The threat of deterioration so often seems to be the reality that motivates fear and can lead to sin. Some people live with insecurity for differing reasons, their entire lifetime. To not be shaken or tempted in such places of wilderness, everyone needs something given by God. And Jesus is the way. He said, "Whoever believes in me", as scripture says, "Rivers of living water will flow from within him." (John 7:38). It wasn't a temple of stone that Jesus rebuilt in three days. It was the temple of his body. He wants to rebuild us, demolish the places of fear. They are places where no one else except He knows the way to enter and heal. Whether you are being treated harshly and inflicted, whether you are in trouble, whether you need help at a time of trouble, or whether you are being tested, it is the offers of the tempter to make things better through sin that needs be overcome. We've been given the assurance that grace will abound all the more over sin. It will always be so. Pray for the virtue of patience during times of deterioration and rail against fear – not succumbing to sin. Cry out to the Lord and remember, He was tempted by the devil in the desert in the same way you are also being tested.

When the Egyptians treated us harshly
and afflicted us, by imposing hard labour on us,
we cried to the Lord, the God of our fathers;
the Lord heard our voice and saw our affliction,
our toil, and our oppression.

(Deuteronomy 26:6-7)

R. Be with me Lord, when I am in trouble.

(Psalm 91)

"No one who believes in him will be put to shame."

(Romans 10:11)

When the devil had finished every test,
he departed from him until an opportune time.

(Luke 4:13)

Planning for the future

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